



# San Diego Feets

Vol. 38, No. 3

WALKABOUT INTERNATIONAL is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, (619) 231-SHOE(7463), FAX (619) 231-9246. Office hours: 10:00 am to 2:00 pm, Monday through Friday. Internet: [www.walkabout-int.org](http://www.walkabout-int.org), e-mail: [info@walkabout-int.org](mailto:info@walkabout-int.org)

## March 2015

### WEEKLY REPEATING WALKS

These walks repeat every week this month at the same location, day, and time.

#### MONDAYS

10:00 am

**CROWN POINT AREA BECKONS.** Start out your week with beautiful scenic views of Mission Bay and nearby homes as a guest leader takes the group on a **moderate to moderate-plus** flat walk for about 2 hours with a pause for coffee or yogurt. Take I-5 to Grand Ave. and go west to Lamont St., turn left on Lamont St., then right on Crown Point Dr. to meet at the west end of the parking lot by the park's southern end restrooms. To use public transit, take the trolley to Old Town and board the #9 bus at 9:10, get off at La Cima Dr. and walk 3 blocks east to the parking lot. Rain cancels. **Kathy L.** (858) 484-0349.

#### TUESDAYS

6:30 pm

**ABOVE THE BAY.** Join us for some exercise and fabulous views of the lights around Mission Bay. Meet by Carl's Jr. at Clairemont Dr. and Burgener Blvd. for a hilly, 1-hour plus, **moderate to moderate-plus** walk (see Thomas Guide 1248-F6). Rain, but not mist, cancels. Flashlight recommended. Please call **Teri E.** (858) 560-0446 or **Jill F.** (858) 292-4231 to make sure walk is "on" for the week.

#### WEDNESDAYS

3:00 pm

**WEDNESDAY WORKOUT.** Join us at Pioneer Park in Mission Hills next to Grant School at Washington Pl. and Randolph St. for a 1½ hour **moderate-plus** walk. We head in a different direction each week to explore Old Town, Hillcrest, Bankers Hill, or Mission Hills. Rain cancels. Come and have some fun! **Barbara N.** (619) 226-3024.

#### Pace Yourself

Casual — 2-3 miles per hour  
 Moderate — 3 miles per hour  
 Moderate-plus — 3½ miles per hour  
 Brisk — 4 miles per hour

#### THURSDAYS

10:00 am

**MISSION BEACH NORTH & SOUTH.** Walk the beach or the bay and stop for coffee near the end of this **moderate-plus** or **moderate** flat walk. Meet at the Belmont Park ticket booth off of Mission Blvd. To use public transit, ride the trolley to Old Town, and then take the #8 bus at 9:40 to Mission Blvd. arriving at 9:54, and walk across the street. Rain cancels. **Kathy L.** (858) 484-0349.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** A **casual+** walk from the Bali Hai Restaurant to the Friendship Bell and back on flat sidewalks (about 2.5 miles round trip; 60-70 minutes including pit stop). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to wildlife. You may stop at one of the many benches and rejoin us on the return leg. Meet at east end of the island to the right of the Bali Hai by the lamp post and hand rails. Take the #28 bus and walk approximately 3 blocks to the Bali Hai where there is ample free parking. Optional eats afterward. Rain cancels. **Sally R.** (619) 222-3800.

10:15 am

**MORNING STROLL IN BALBOA PARK.** Meet at the Senior Lounge across from the Museum of Photographic Arts to walk at a **casual** pace through beautiful Balboa Park for about 45 minutes. Terrain is flat and mostly paved. Stay after for optional coffee. For public transit, use the #7 bus. Rain cancels. **Mary T.** (619) 291-1349.

#### FRIDAYS

6:00 pm \*\*\*NOTE NEW TIME\*\*\*

**MISSION HILLS MEANDER.** Come see the great views and picturesque homes and gardens of this old neighborhood on a 1-hour **casual** walk for about 2.5 miles on flat terrain. Meet at the coffee shop at 1920 Ft. Stockton Dr. From Washington St., go north on Goldfinch St. and west on Ft. Stockton Dr. Rain cancels. Wear white at night. **Pat P.** (619) 291-6162.

**SATURDAYS**

6:00 pm

**SATURDAY NIGHT LIVE, LIVES!** Join our varied leaders as we rejuvenate one of Walkabout's most venerable evening walks, a **casual** pace through the downtown streets of San Diego in search of the new and different in the heart of the city. Meet outside the historic Balboa Theater entrance (4<sup>th</sup> Ave. & E St.) for a 90-minute visit downtown. The route (and leaders) may vary each week, and an optional dinner gathering follows. Take public transit or consider free, machine validated 3-hr. parking offered at the Horton Plaza parking garage. Rain cancels. Leaders: **Dan, Donna, and Jerry** (619) 231-7463.

**SUNDAYS**

8:15 am

**MERRY GO-ROUND.** Start from the carousel in Balboa Park and join us on one of the most scenic walks in San Diego. Our **moderate-plus** walk encompasses the harbor, downtown, Bankers Hill and bridges depending on size of group and mood. Allow 3 hours, which includes a coffee break. To use public transit, take the trolley to 3<sup>rd</sup> Ave. and C St. At 3<sup>rd</sup> Ave. and Broadway take the #7 bus at 7:42 or 7:48. Arrive at Zoo Pl. at 8:00 or 8:06. Meet **Rick** in the parking lot near the carousel at Park Blvd. and Zoo Pl. (858) 565-7212.

**HIKE WEDNESDAYS & SATURDAYS**

Time: TBA

**WILDERNESS HIKE.** Details e-mailed a day or two before. **IMPORTANT HIKE INFO:** Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers. Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. **"First timers" must** call the leader. All participants **must** be in top condition, well prepared for trail conditions and will be accepted at the leader's discretion. Hikers **must** be able to keep pace with the group. Check <http://www.walkabout hikes.org> as weather or unusual conditions may cause the hike to be moved or canceled. If you have any questions, please contact the relevant hike leader as noted:

Date	Contact Information
Mar 4	<b>Bob W:</b> (760) 730-2349
Mar 7	<b>Bill:</b> (619) 206-5809 or <a href="mailto:wa4lrm@gmail.com">wa4lrm@gmail.com</a>
Mar 11	<b>Stan H:</b> (619) 448-1668 before 6:00 pm or <a href="mailto:shunt92071@yahoo.com">shunt92071@yahoo.com</a>
Mar 14	<b>Bill:</b> (619) 206-5809 or <a href="mailto:wa4lrm@gmail.com">wa4lrm@gmail.com</a>
Mar 18	<b>Don:</b> <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> or (760) 796-4007
Mar 21	<b>Don:</b> <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> or (760) 796-4007
Mar 25	<b>Rita C:</b> (619) 482-0052
Mar 28	<b>Candy:</b> (619) 435-2894 or <a href="mailto:ccbeckwith146@yahoo.com">ccbeckwith146@yahoo.com</a>



**MORE GREAT WALKS THIS MONTH**

**SUNDAY, MARCH 1**

7:15 am

**BREAKFAST SPECIAL DOWNTOWN.** Let's explore the harbor north or south with a flat, **moderate**, 1-hour walk to see what changes are going on downtown and along the harbor. We will start from Ruocco Park at the intersection of Harbor Dr. and Pacific Hwy. (across from former police station). Meters are **free** on Sundays. All trolleys go to Amtrak station and then a 15-minute walk 1 block west to Pacific Hwy. and 4 blocks south to Harbor Dr. gets you there. Optional breakfast follows. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

4:00 pm "Feet"; 5:00 pm "Feast"

**HAPPY LUNAR NEW YEAR CELEBRATION -- CHINESE STYLE.** Happy 4713! Time to sheepishly walk with Walkabout to start off the Year of the Sheep! Alternatively, feel free to "Goat" with the flow as some call this the Year of the Goat?! Look for **Larry** to start things off on this annual Walkabout tradition with a flat **casual** appetite-awaking, anecdote-filled amble followed by a delectable feast starting at 5 pm. If you had not sent in your check, then the all inclusive dinner is now \$18 (if space available). Meet at the Panda Country Restaurant at 4455 Clairemont Mesa Blvd. near Genesee Ave. Phone Walkabout at (619) 231-7463 with questions. Gung Hay Fat Choy!

**MONDAY, MARCH 2**

6:30 am

**SUNRISE SERIES: MARINA VILLAGE.** This is a very flat 1 hour walk at a **moderate** pace with beautiful views where many sport fishing boats are moored. Take the I-8 to the west end, left onto Sunset Cliffs Blvd., right at the light (W. Point Loma Blvd.), then right at Bacon St. (stop sign) to the parking lot by the restrooms at Robb Field. Bring money for optional breakfast afterward. **Fusa** (619) 223-6947.

**TUESDAY, MARCH 3**

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**WILDFLOWERS GALORE & OCEAN VIEWS.** Where else but Torrey Pines, where the best of nature combines to delight the soul. Walking through the park we will regroup at the park headquarters and then walk at a **moderate** pace through the Guy Fleming Trail with its beautiful flowers and ocean views. Meet by the restrooms at the Lodge at Torrey Pines. Park in the golf course parking lot. Thomas Guide 1207-J5. Optional snacks follow. **Pat K.** (619) 469-6223.

## WEDNESDAY, MARCH 4

10:00 am

**POINT LOMA HARBOR VIEW.** Join **Robert and Friends** for a mostly level, 1-hour stroll at **casual speed** along Point Loma's crest. Optional eating afterward. The following directions avoid driving up particularly steep hills: Take Rosecrans St. south through Point Loma. Turn right on Talbot St., left on Gage Dr., left on Jennings St., right on Bangor St., left on Golden Park Ave. and around the bend to our meeting place at Harbor View Dr. Rain cancels. **Robert B.** (858) 414-6181.

## THURSDAY, MARCH 5

6:30 am

**SUNRISE SERIES: PACIFIC BEACH.** We'll meet at Crystal Pier in Pacific Beach where you can **choose your own pace.** Leader will "caboose" for the slower-paced and a co-leader will lead the faster walkers on flat and paved terrain for 1 hour. Pace will depend on your energy this early. Watch for waves, sun on the water, runners and people watchers. Bring \$\$ for optional breakfast afterward. **Verna** (619) 276-3055.

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**TOUR BALBOA PARK EAST.** Meet **Norm** for a **moderate** one-hour walk to explore the eastern portion of Balboa Park. Meet at the corner of 25<sup>th</sup> and Broadway in Golden Hill. Street parking or take the #2 bus. Rain cancels. (858) 278-1253.

## FRIDAY, MARCH 6

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**EXPLORE THE GOLDEN TRIANGLE.** Let's meet at Von's supermarket (7788 Regents Rd. at the intersection with Arriba St.) We will **walk & talk** at a **moderate** pace in a residential area and see the Mormon Temple grounds with its spring flowers. There is a hill going up to the temple. Optional lunch afterward. **Beverly D.** (858) 229-0741.

## SATURDAY, MARCH 7

9:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**BALBOA PARK HIDDEN GARDENS.** Let's take a **casual** walk through some of the lesser known gardens in our beautiful park. If you wish a shorter walk you can return to the starting point while others follow me to other gardens. Meet at the carousel at Zoo Place and Park Blvd. **Pat K.** (619) 469-6223.

### JOIN WALKABOUT INTERNATIONAL AT SHARP'S ANNUAL HEALTH FAIR

Saturday, March 14, 7:30 am to 4:30 pm

**Sharp Women's Health Conference**  
Sheraton San Diego Hotel & Marina  
1380 Harbor Island Drive, 92101  
[www.sharp.com/womensevent](http://www.sharp.com/womensevent)

9:15 am

### FLIGHTS OF FANCY AROUND FAIRBANKS.

Wander through a remarkable realm of rustically rambling ranches, serenely sprawling estates, and cozy country corners on a lively **moderate-plus** 3-hour prance over mixed up and down-right hilly terrain in the Fairbanks Ranch environs. Look for **Larry** at the corner of San Dieguito and Rancho Diegueno Rds. (by the traffic signal just outside the Del Rayo Village Center where parking abounds near Leucadia Pizza). Directions: from I-5, take the Via De La Valle exit east (about one mile) to El Camino Real and go south (one intersection) to San Dieguito Road, where you go east for about two miles. BYO water. Rain cancels. (858) 755-1751 (evenings/weekends).

## SUNDAY, MARCH 8

7:15 am

**BREAKFAST SPECIAL IN BALBOA PARK.** The park is beautiful any time of the year with many paths to explore on this flat walk **at your own pace.** Eating and chatting afterward (Greek?) is optional but great fun. Meet at the carousel on Park Blvd. at Zoo Pl. **Pat's Pals** (619) 469-6223.

4:00 pm \*\*\* 38th ANNIVERSARY WALK \*\*\*

**CELEBRATE DAYLIGHT SAVING TIME IN BALBOA PARK.** Let's take a **casual** stroll through the Marston House formal garden, the Vale of Health, and the Sculpture Garden (their new restaurant is now open until 9 pm). Meet **Stella** at 6th Ave. and Upas St. (619) 232-3756.

## MONDAY, MARCH 9

6:30 am

**SUNRISE SERIES: UPTOWN/UNIVERSITY HEIGHTS.** Let's walk over the bridge and wander past these historic homes and modern drought resistant gardens for 1 hour at a **moderate** pace on mostly flat terrain. We'll meet by the entrance to the pedestrian bridge behind Trader Joe's. Turn north off University Ave. at Vermont St. into the parking lot. **Pat K.** (619) 469-6223.

4:00 pm \*\*\* 38th ANNIVERSARY WALK \*\*\*

**SAN DIEGO RIVER WALK.** Meet **Sharon** at the Rio Vista trolley stop (Qualcomm Way & south of Rio San Diego Dr.) for a one-hour **casual** walk on the southern shore of the river. Take the green line trolley or park by the big box store at the Rio Vista Shopping Center. Rain cancels. (619) 231-7463.

## TUESDAY, MARCH 10

10:30 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**UNIVERSITY CITY NEIGHBORHOOD.** Meet at Sprouts in the shopping center near intersection of Governor Dr. and Regents Rd. for a 75-minute **moderate** walk. Optional pizza afterward. **Mary C.** (858) 453-5376.

## THURSDAY, MARCH 12

6:30 am

**SUNRISE SERIES: SHELTER ISLAND.** We'll walk this beautiful mostly-flat area by the bay where there are many beautiful homes. There will be a choice of going up a hill for those who feel they would like to climb to where the view is very scenic. To meet the group, from I-5, drive west on Rosecrans St. to Shelter Island Dr., turn left and go about two blocks to Anchorage Dr. to the large parking lot (park where there are no meters). Bring money for optional breakfast afterward. **Edie** (619) 222-4396.

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**SHELTER ISLAND.** Feeling Lucky? A coin flip will determine the route for our weekly Shelter Island walk -- heads the route will be Shelter Island -- tails we walk around America's Cup Harbor. Another flip at the Red Sails could take us down to the La Playa Trail. This **casual** 2.5 mile walk for about 90 minutes with pit stop will include a talk about local history. Meet at the Bali Hai Restaurant where there is ample free parking or take bus #28 to Shelter Island Dr. and then walk approximately 3 blocks. Optional eats afterward. Rain cancels. **Rob** (619) 972-2819.

## SATURDAY, MARCH 14

7:15 am

**LATE BIRDS.** For those of us who can't get up in time for the Sunrise Series, **Anna T.** will lead a flat 1-hour walk **at your own pace** around Pacific Beach, followed by an optional breakfast. Take the #30 bus at 6:45 from Old Town, exit at Mission Blvd. Meet in front of Crystal Pier at the west end of Garnet Ave. Rain cancels. (619) 231-7463.

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**FAMOSA SLOUGH NATURE WALK & PACIFIC ISLE GARDENS.** We'll see the entire Famosa Slough, watch the ocean current flow in the center of a salt marsh, look for migratory and local birds (over 190 species) and see an old trolley trestle on this 1.5 mile **casual** 75-minute walk. After a brief restroom stop, we'll enjoy the romantic gardens, fountains, and lagoon located inside the center of the circular Pacific Isle. Meet at the west end of the Midway Towne Shopping Center parking lot near Papa John's, 3960 West Point Loma Blvd. (Hint: Sports Arena Blvd. changes its name to West Point Loma Blvd. at Midway Dr. & Midway Dr. changes its name to West Mission Bay Dr. at the same corner). You can take the #35 bus from Old Town Transit Center and get off at the Midway Towne Shopping Center stop in front of CVS and Dennys. Optional lunch follows at a buffet restaurant. **Jim & Marty** (619) 222-8714.



## SUNDAY, MARCH 15

7:15 am

**BREAKFAST SPECIAL ALONG EAST MISSION BAY.** Let's take a flat walk **at your own speed** to see the birds, boats, and views. Optional breakfast and chatting follow. Meet on Mission Bay Dr. by the restrooms just south of Clairemont Dr. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

9:30 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**38 IS GREAT FOR WALKABOUT.** Recreate the walk that launched thousands upon thousands of ships, err, walks since St. Patrick's Day of 1977, 38 years ago! Savor what the times were like back then and how Walkabout took its first baby steps. Explore what were some little known trails in the picturesque La Playa area of Point Loma on a 1.5-hour **moderate** parade over mixed up and down terrain. Look for **Larry** at the "poetic" corner of Scott and Emerson (near Point Loma Seafoods). Directions: travel south on Rosecrans St. three streets past North Harbor Dr. with a left on Emerson and then one block to Scott. BYO water, rain cancels. (858) 755-1751 (evenings/weekends).

## MONDAY, MARCH 16

6:30 am

**SUNRISE SERIES: SEAPORT VILLAGE.** Meet Gloria at the south end of Pacific Hwy. at Seaport Village where you can park next to the merry-go-round for free until 10 am. The walk is mostly **moderate**, but you may walk at your own pace for 1 hour on flat and paved terrain. We should be able to reach the pedestrian bridge over Harbor Dr. near Petco Park and see the new Central Library. Bring money for optional breakfast afterward. **Gloria** (619) 482-7677.

## TUESDAY, MARCH 17

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**SHARE THE JAPANESE FRIENDSHIP GARDEN MILESTONES.** Meet in Balboa Park near the entrance to the 100-year-old Japanese Friendship Garden (free Tuesday), at 9:50 am. We will tour the predominantly flat upper paths at a **casual** pace, follow along the sloping canyon trails, and enjoy the peace and tranquility of both areas. Time permitting, we will also visit smaller gardens nearby and go for an optional lunch in the park at approximately 11:30 am. Parking available behind Spreckels Organ Pavilion or take the #7 bus. **Jackie B.** (619) 795-3561 or **Elaine B.** (858) 560-9003.

### NEWSLETTER DEADLINE NOTICE

All walks must be submitted by the **10th** of the month before the month of the walk. None will be accepted after that date. For example, the April newsletter is published in March, so walks must be submitted by March 10th. You must e-mail your walks to [walks@walkabout-int.org](mailto:walks@walkabout-int.org). If you e-mail more than one walk, please leave extra space between each walk.

## WEDNESDAY, MARCH 18

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**CORONADO BEACHING.** Join **Robert** for approximately 1-hour on a beautiful, architecturally diverse 2-mile **casual** stroll past the Victorian house called the "Baby-Del", the Spreckels Mansion, the house where John F. Kennedy spent a night, L. Frank Baum's (Wizard of Oz) Coronado home and the Hotel del Coronado. Refuel at a Coronado eatery afterward if you like or strike out on your own (Coronado maps available). Meet at the corner of Ocean Blvd. and Marina Ave. To use public transit, take #901 bus ("Iris Trolley") from the 12th & Imperial Transit Center at 9:02. Exit at Orange Ave. and Park Pl.; walk south to Ocean Blvd. then west .7 mile to Marina Ave. Rain cancels. **Robert B.** (858) 414-6181.

## THURSDAY, MARCH 19

6:30 am

**SUNRISE SERIES: CHULA VISTA.** We'll meet on Third Ave. between F and G Sts. to inspect the Third Ave. renovation. Take the I-5 south to the E St. exit, continue straight onto Bay Blvd and then turn left onto F St., turn right onto Third Ave. and park in area near the fast food restaurant. Pace for this 1 hour walk will be **casual to moderate** on flat, paved streets for about 1 hour. Bring money for optional breakfast afterward. **John & Marilyn** (619) 840-5544.

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**JAZZ AT TERMINAL 2.** Calling all jazz aficionados. Join us for a 2 hour **moderate** walk on Harbor Island and to the San Diego Airport to listen to live jazz for an hour or so. Meet across from the Hilton at 1960 Harbor Island Dr. **Carol W.** (619) 303-7942.

## SUNDAY, MARCH 22

7:15 am

**BREAKFAST SPECIAL IN PACIFIC BEACH.** Before the crowds arrive, walking in Pacific Beach can be delightful. We'll walk along the ocean admiring the waves on a flat walk **at your own speed** and then return by the same route. Meet at the west end of Garnet Ave. by Crystal Pier. From Old Town Transit Center, take the #8 bus at 6:30. Rain cancels or postpones. Optional breakfast follows, perhaps overlooking the ocean. **Pat's Pals** (619) 469-6223.

2:00 pm \*\*\* 38th ANNIVERSARY WALK \*\*\*

**IN THE PAWPRINTS OF BUM, SAN DIEGO'S TOWN DOG.** Walking has gone to the dogs, and you're welcome to bring yours on this **casual** narrated walk through the Gaslamp Quarter streets where our town dog roamed and limped more than 120 years ago. This walk is in cooperation with the Gaslamp Quarter Historical Foundation and will make several fire hydrant stops (among others) to share some great stories about this wonderful dog. Meet at the William Heath Davis House Museum (410 Island Ave. at 4<sup>th</sup> Ave.) Woof! **danielbhaslam111@yahoo.com**

## MONDAY, MARCH 23

6:30 am

**SUNRISE SERIES: SOUTH BAY.** Meet **Frances** in the parking lot on the corner of National City Blvd. and 2nd St. as we visit Heritage Square, where the "Railroad Homes" and Kimball House are located, and the National City Library, which has a custom designed William Hubbell stained glass window. We'll cut through Kimball Park, visiting the ARTS center on this **casual to moderate** 1 hour walk on flat terrain. From the north, take the I-5 south to Main St., make a left turn onto National City Blvd., go under the I-5 freeway and bear right at the arrow. Parking lot is about two blocks on your right. Bring money for optional breakfast afterward. (619) 479-3962.

6:00 pm \*\*\* 38th ANNIVERSARY WALK \*\*\*

**SUNSET CLIFFS AT SUNSET.** This is in the Ocean Beach / Point Loma area. We last walked this route in the spring of 2011 and it enjoys some of the best sunsets available. The terrain is flat, with dirt paths and good sidewalks with an optional opportunity to take stairs down to the surf. We'll start the walk right after the #35 bus arrives at the southeast corner of Sunset Cliffs Blvd. and Point Loma Ave. (not to be confused with W. Point Loma Blvd.). We'll walk for less than 1.5 hours at a **moderate** pace along Sunset Cliffs Blvd. with the Pacific Ocean on one side and interesting homes on the other. Sunset will be at 7:02 with twilight lasting for 26 minutes. It will be two days after the new moon so we'll have a crescent moon chasing the sun. Count on fresh breezes from the ocean so it may be cooler than other areas. Directions: drive west on I-8 to the end and follow Sunset Cliffs Blvd. for 1.6 miles to Point Loma Ave. See Thomas Guide 1267-H7. For public transit, take the #35 bus at 5:30 from the Old Town Transit Center. **Stan F.** (619) 222-3447.

## TUESDAY, MARCH 24

10:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**OLAF WIEGHORST MUSEUM IN EL CAJON.** Join **Jerry and Donna F.** as we take a 45-minute docent-led tour of this unique El Cajon museum devoted to the works of the "Dean of Western Art." We'll tour the western museum, his home, and enjoy the cactus garden as well as the "alley cats" art and other murals. We'll also see the first hotel in El Cajon. Take the Orange or Green line to the El Cajon Transit Center (Marshall Ave. between Main St. and El Cajon Blvd.) where we'll meet those who drove, to take a 20-minute **moderate** walk to the museum. Bring \$2 (\$1 donation to each museum). Optional lunch follows. (619) 559-5650.



## TUESDAY, MARCH 24 (CONT.)

3:00 pm \*\*\* 38th ANNIVERSARY WALK \*\*\*

**MORLEY FIELD IN BALBOA PARK.** Continuing our Exposition Centennial walks, we'll **walk & talk** as we traverse this area. We'll see some of the sports facilities that were built in the 1930's to provide jobs for the unemployed, such as the swimming pool and tennis courts; plus we'll view a velodrome, disc golf course, petanque courts, and the California Native Plant Demonstration Garden. Meet in the parking lot just east of the swimming pool, near the corner of Texas and Upas Sts, for a **moderate**, mostly flat 1-1/2 hour walk. Rain cancels. **Evelyn K.** (619) 461-6095.

## THURSDAY, MARCH 26

6:30 am

**SUNRISE SERIES: SOUTH SHORE.** Meet at the South Shores Boat Launch just east of Sea World on Mission Bay. Hopefully we'll see some rabbits and the great sea birds there. Take I-5 to Sea World Dr. and go west to the South Shores Boat Launch Ramp area. Watch for the sign, it is not very prominent. We'll meet at the restrooms at the boat launch. Optional breakfast follows this **moderate**, flat 1-hour walk. **Winnie** (858) 278-4003.

## SATURDAY, MARCH 28

11:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**BALBOA PARK BLOOMS.** Come and celebrate our park's 100<sup>th</sup> anniversary. We'll take a **moderate**, flat walk around the gardens admiring the flowers and end up at the Casa del Prado for their annual free plumeria show with cuttings for sale. Meet across from restrooms by the west side of the organ pavilion. **Pat K.** (619) 469-6223.

## SUNDAY, MARCH 29

7:15 am

**BREAKFAST SPECIAL ALONG ADAMS AVE.** Interesting homes and views along the edge of Mission Valley will greet us on this flat, **moderate** walk. Optional breakfast follows. Rain cancels or postpones. Meet at 30th St. and Adams Ave. **Pat's Pals** (619) 469-6223.

## MONDAY, MARCH 30

6:30 am

**SUNRISE SERIES: LAKE MURRAY.** Walk at your **own pace** for 1 hour on a mostly flat path around the lake. Drive through the main entrance to Lake Murray at the end of Kiowa Dr. off Lake Murray Blvd. Meet in the main parking lot on the left as you approach the lake. Optional breakfast follows. **Betty** (858) 248-3782.



## TUESDAY, MARCH 31

11:00 am \*\*\* 38th ANNIVERSARY WALK \*\*\*

**UNIVERSITY HEIGHTS "HUSTLE."** Walkabout turns 38 this month, but this lovely community has us beat by about 100 years. Join **Fran W.** for an almost flat, **moderate** walk of about 1-1/2 hours to view everything from modern homes to a "castle." Enjoy scenic sights stretching clear to the ocean and lots of beautiful gardens. We'll make an optional lunch stop after. Meet by the bridge at the northwest end of Uptown Shopping Center (between Trader Joe's and Panera's) along University Ave. Rain cancels. (619) 271-7107.

## FEATURED TRIPS

### WALKABOUT CELEBRATES THE BIG 38!

#### SATURDAY, MARCH 21

Join our intrepid celebrateers as we head off on a 55-passenger bus for a day trip to Anza Borrego Desert to view the wild flowers and wonderful steel art sculptures throughout this area. Your special anniversary fare is \$38 per person and includes snacks on the bus and a picnic lunch at Christmas Circle in Borrego Springs. We'll take walks in the town and walks at the state park's Visitor Center, or you can simply enjoy a wonderful narrated bus tour!

Please send a check for \$38.00 per person to Walkabout Int'l, 2650 Truxtun Road, Suite 110, San Diego, CA 92106 and note "38th Celebration". Bus will depart Walkabout's office at 9:00 am and will be back late in the afternoon. First come, first served; we'll confirm your acceptance by email. Please enclose a SASE if we do not have your email address on file.

### PALM SPRINGS AERIAL TRAMWAY

#### SATURDAY, APRIL 25

Enjoy a unique Palm Springs getaway with Rita and Dan H. as we depart San Diego at 7:30 am to reach Palm Springs by 10:00 am, just in time for those interested to visit the Palm Springs Art Museum on your own (\$10.50 senior rate). You'll have plenty of time to enjoy the historic Village, including its wonderful eateries, before we meet the bus where we were dropped off by 1:15 pm to depart by 1:30 pm for the Tram, which departs at 2:30 pm for the top. Aboard the world's largest rotating 80-passenger tramcar, you will experience a breathtaking journey with spectacular 360 degree views up the sheer cliffs of Chino Canyon during a 10-minute ride ending at the San Jacinto Mountain Station at an elevation of 8,516 feet. Those who have difficulty breathing at this elevation can stand in line to return on the next available Tram. The rest of us will have until 3:45 pm to return to the valley floor, which should give us almost 1 hour to enjoy the top of the mountain. We will board our bus at 4:30 pm to depart for San Diego. Expect to reach San Diego by 7:30 pm if all goes according to plan. Please note the **activity level is moderate.**

Please send a check for \$77.00 per person (less than our competitors), which includes the Goldfield Stage bus with bathroom, the Palm Springs Aerial Tramway, driver tip, water and snacks to Walkabout Int'l at 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007 with a stamped, self-addressed envelope for us to mail your itinerary, and include your telephone number in case we need to contact you. Specify a pickup location of either the Walkabout Office or North County at Mercy Rd. off I-15. There will be NO REFUNDS unless there is a waiting list. If you have questions, please call Rita at (619) 266-2555.



## HUNTINGTON LIBRARY & BOTANICAL GARDENS

SATURDAY, MAY 16

Enjoy a very special place near Pasadena known as the Huntington Library & Botanical Gardens, renovated into larger gardens, displays, new gift shop and an enlarged new eatery. Join Rita and Marilyn B. on this trip to view the original "Blue Boy" by Gainsborough and "Pinkie" by Thomas Lawrence in the Thornton Portrait Gallery. Stroll through 12 beautiful theme gardens on your own, which include the renovated Japanese Gardens, the breathtaking Rose Gardens, which will be in full bloom, and Desert Landscaping. There will be a temporary display, which you can learn about at: [www.huntington.org](http://www.huntington.org) and choosing "Future Exhibits." You can do as much or as little walking as you wish over the several miles of flat terrain. The Huntington has added a new larger restaurant by the original entrance called "The Café" (cafeteria style) with a huge assortment of choices and view of the gardens, or let us know if you want a reservation in the famous Tea Room, which is still available (\$38 for complete buffet). Lunch is on your own, and the Huntington has asked us not to bring any food onto the premises. We will leave San Diego at 8:30 am in a comfortable 35-passenger bus with bathroom and pick up North County people at La Costa off the I-5 by 9:00 am, then drive directly to the Huntington non-stop in order to arrive by 11:00 am. We will head home at 4:00 pm in order to return to San Diego by 7:00 pm (the return trip takes longer).

Cost of the trip includes the bus, driver tip, entrance fee and snacks with water. Please mail your \$65.00 check per person payable to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007, indicating a San Diego or North County pickup location, and your phone number. Enclose a self-addressed stamped envelope for us to mail your itinerary. Since we will have paid for the bus and Huntington tickets in advance, we will not be able to offer any refunds unless there is a waiting list. The first people to respond get the best seating. If you have any questions, please call Rita at (619) 266-2555. We look forward to a beautiful day in San Marino with you.

## THE 4 CULTURES OF SWITZERLAND

JULY 14 – 26

Trip is full; accepting only those for waiting list!

Once again, Walkabout heads to the land overflowing with the most spectacular scenery accessible by foot – Switzerland. This time we immerse ourselves into the four distinctive cultures and flavors of Switzerland: German, French, Italian and the little-known Romansch.

The land-only price is \$3,250 per person for double-occupancy. Questions? Call Larry at 858.755.1751 (only evenings and weekends, please!)

## BEAUTIFUL BOISE & TRAILING OF THE SHEEP FESTIVAL

OCTOBER 6 – 13

Join Stan Follis and his faithful co-leader, Walter Konopka Jr., for an 8-day exploration of southwestern Idaho. This trip will be much like our previous travels in 2003, '07, '11, and '13, but we will find new attractions and revisit the best of previous trips. We will fly into Boise and visit the Sun Valley area for a few days in a mountain paradise; very popular in the winter, but we will see it in the fall for the Trailing of the Sheep Festival. Our accommodations may be at the Christophe Condominiums in Ketchum, ID. We'll visit the Sawtooth Mountains and perhaps the Craters of the Moon National Monument. In Boise, we will explore this charming city with a walk along the river and through graceful old Victorian neighborhoods, and visit the grand state capitol building. For those of you who knew Kathy Follis, we will visit with her sister and family. Other possible attractions will be announced in upcoming months, perhaps a piano recital, the Seibel family band, and the rich Basque heritage in Boise. Walks will be at a casual pace and optional except for getting around town. You will be expected to manage your own luggage. If you require more than minimal assistance, you should travel with a companion. Travelers must be current Walkabout newsletter subscribers.

Cost is estimated to be \$1,199 for double occupancy and a single supplement of \$375. This will include airfare, coach, lodging, scheduled attractions, breakfasts, and a farewell dinner. The price is based on 20 participants and travel using a coach and local public transit. We will use a van rather than a coach if we have significantly fewer travelers.

Please call the office at (619) 231-7463 to be added to the interest list. To reserve a spot, please send a \$400 deposit check which is fully refundable until we purchase the airline tickets in July or August 2015. We will notify you before we purchase the airline tickets and urge you to obtain travel insurance in case you need to cancel. Please enclose a SASE if we do not have your email address on file. Call Stanley at (619) 222-3447 if you have any questions.

## **BACK TO TUCSON & SOUTHEAST AZ \$799**

**November 10 - 14**

It's been 21 years since Walkabout's last major trip to Tucson, AZ. We've done other tours there, but not a BIG trip, so here's your chance! Join Walkabout International and Friendly Excursions for a 4-night, 5-day whirlwind tour of the southeastern portion of AZ, including Tucson. We fly to Tucson first thing on the 10th and meet up with our tour bus at the airport to tour the Mission del Bac, the "Dove of the Desert." We then take a narrated bus tour of Tucson and check into our hotel. Dinner is included this evening, and a casual evening walking tour caps off our first day. Day 2 includes a visit to and picnic at the renowned Desert Museum, a visit to the University of Arizona, and an exciting evening on downtown's Fourth Avenue. On Day 3 we'll enjoy a tram ride up picturesque Sabino Canyon, lunch out and a visit to the deGrazia homestead and studio. Day 4 finds us on the bus to visit the mining town of Bisbee and cowboy town of Tombstone, AZ, with a live theatrical performance at the Vaudevillian Gaslight Theater. On Day 5 we'll visit the artistic and historic village of Tubac before heading back to the airport for our flight home.

Trip price includes daily breakfast and at least one other meal, admissions as noted, air and ground transportation, double occupancy hotel accommodations and the services of your tour leader(s). Trip insurance not included, but recommended. Open until filled; first come, first served. Send \$300 deposit check with "Tucson 2015" on memo line, along with your email address and month/day/year of birth with your legal name (for airline tickets). Include self-addressed, stamped envelope if you want snail mail reply. Single supplement will be \$200 or less. Email questions to [danielbhaslam111@yahoo.com](mailto:danielbhaslam111@yahoo.com).

## **SAN DIEGO WELCOMES WI CAPE COD FROM A FRIGID WINTER**

When Walkabout pitched a trip last summer for Cape Cod residents to visit sunny southern California as a chance to get away during the winter months, there was no hint that record snow fall would hit Boston a day before the plane was to take off to cross the country. The "reverse" Walkabout trip (where the group visits San Diego instead of Walkabouts traveling elsewhere) couldn't have come at a better time for the winter-weary easterners, who could barely get out of their snow clogged driveways, let alone take a walk in their neighborhoods. Warm San Diego temperatures promised sunny days and outdoor adventures, and the Cape Cod walking group was looking forward to the change.

In store for the group are a two-hour cruise on the San Diego Bay, trips to the Zoo, "The Addams Family" musical and a lunchtime concert at the Lyceum Theater, a Valentine's Day potluck at the WI office, a tour of Cabrillo NM, the Gaslamp Quarter, Coronado, Balboa Park, Old Town, Seaport Village and La Jolla. "We've packed the week with a host of fun experiences," noted Dan Haslam, who will shepherd the group around San

Diego. They will be hosted at a reception and dinner with our Board of Directors and enjoy picnic meals and dinners out at local institutions. Beverly Determan and Pat Keller donated Zoo tickets, and Eileen Frame volunteered to lead the group through Cabrillo and Ocean Beach. The group was scheduled for a Walkabout walk in Balboa Park, and also a Downtown Saturday Night walk. This group of travelers comes mainly from Hyannis Federated Church, which has partnered with WI to produce this tour. Dan noted "they'll have a great time with Walkabouts, and we'll send them home with smiles on their faces, even though there are several more weeks of winter left on Cape Cod."



## **REMEMBERING JUNE ANDERSON**

On January 16 a special walk was held in Balboa Park to celebrate the life of June Anderson, who died last year a few months shy of her 90th birthday. June held a Walkabout distinction: she was the most-travelled Walkabout passenger, with 30 trips on vans, cruises, busses, airplanes and mostly on her feet. Everyone enjoyed having June on a trip, and she was a sought-after roommate – conscientious, caring and adventurous. She rarely missed an early bird walk and she never complained. The food was fine with her and she was always up for an adventure. Well, mostly. A few years ago Walkabout visited Las Vegas and stayed at the Hooters Resort. She was OK with the big-breasted staff, but scoffed at attending a topless show at a casino on the way to Vegas.

June lived a plain and simple life. She was a California girl of Scandinavian descent. She retired many years ago as a physical therapist, never married, and lived in a house she inherited from her aunt in Escondido. She loved the outdoors and had a camper on her pick up which she used many times. No one ever saw her in a skirt or a dress, but she was always clean, on time and cheerful. She never used a computer and didn't even have an answering machine on her telephone. She walked with a local group in Escondido, and took day trips with various senior tour groups. When she took a trip with Walkabout, she arrived in San Diego on the bus and took one home, too.

Sometime before she died, June decided that she wanted several of her friends to have a great time and blow some of her money. So she left each of them a chunk of money with instructions to do so. But her friends – many of whom were also octogenarians – decided to pool the inheritance and purchase a \$6,000 concrete bench in Balboa Park in June's memory. Her San Diego Walkabout friend Pat Rahe spearheaded the effort and saw it to fruition. So when you are tired in the far northwest corner of Balboa Park, near 6th & Upas, look for a new bench with a shiny bronze plaque on it honoring June Anderson, "from her walking group." Sit a spell and thank June for her many contributions – to Walkabout and to her walking friends.

## MARCH 2015 WALKS AT A GLANCE

**Bold** walk start times are those that repeat every week at the same location, day, and time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
7:15 am Breakfast Spcl: Downtown  <b>8:15</b> am Merry Go- Round  4 pm Lunar New Year Celebration	6:30 am Sunrise: Marina Village  <b>10</b> am Crown Point Area Beckons	10 am Wildflowers Torrey Pines  <b>6:30</b> pm Above the Bay	TBA Hike  10 am Pt. Loma Harbor View  <b>3</b> pm Wednesday Workout	6:30 am Sunrise: Pacific Beach  10 am Tour Balboa Park East  <b>10</b> am Shelter Island <b>10</b> am Mission Beach  <b>10:15</b> am Balboa Park	10 am Explore Golden Triangle  <b>6</b> pm Mission Hills Meander	TBA Hike  9 am Balboa Park Gardens  9:15 am Flights of Fancy Fairbanks  <b>6</b> pm Sat Night Live
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
7:15 am Breakfast Spcl: Balboa Park  <b>8:15</b> am Merry Go-Round  4 pm Celebrate Daylight Saving in Balboa Park	6:30 am Sunrise: Uptown/Univ Hts  <b>10</b> am Crown Point Area Beckons  4 pm San Diego River Walk	10:30 am University City  <b>6:30</b> pm Above the Bay	TBA Hike  <b>3</b> pm Wednesday Workout	6:30 am Sunrise: Shelter Island  <b>10</b> am Shelter Island <b>10</b> am Mission Beach  <b>10:15</b> am Balboa Park	<b>6</b> pm Mission Hills Meander	TBA Hike  7:15 am Late Birds  10 am Famosa Slough Nature  <b>6</b> pm Sat Night Live
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
7:15 am Breakfast Spcl: E. Mission Bay  <b>8:15</b> am Merry Go- Round  9:30 am 38 is Great!	6:30 am Sunrise: Seaport Village  <b>10</b> am Crown Point Area Beckons	10 am Japanese Friendship Garden  <b>6:30</b> pm Above the Bay	TBA Hike  10 am Coronado Beaching  <b>3</b> pm Wednesday Workout	6:30 am Sunrise: Chula Vista  10 am Jazz at Terminal 2  <b>10</b> am Shelter Island <b>10</b> am Mission Beach  <b>10:15</b> am Balboa Park	<b>6</b> pm Mission Hills Meander	TBA Hike  <b>6</b> pm Sat Night Live
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
7:15 am Breakfast Spcl: Pacific Beach  <b>8:15</b> am Merry Go Round  2 pm Pawprints Downtown	6:30 am Sunrise: South Bay  <b>10</b> am Crown Point Area Beckons  6 pm Sunset Cliffs at Sunset	10 am Museum in El Cajon  3 pm Morley Field in Balboa  <b>6:30</b> pm Above the Bay	TBA Hike  <b>3</b> pm Wednesday Workout	6:30 am Sunrise: South Shore  <b>10</b> am Shelter Island <b>10</b> am Mission Beach  <b>10:15</b> am Balboa Park	<b>6</b> pm Mission Hills Meander	TBA Hike  11 am Balboa Park Blooms  <b>6</b> pm Sat Night Live
<b>29</b>	<b>30</b>	<b>31</b>				
7:15 am Breakfast Spcl: Adams Ave  <b>8:15</b> am Merry Go- Round	6:30 am Sunrise: Lake Murray  <b>10</b> am Crown Point Area Beckons	11 am University Heights Hustle  <b>6:30</b> pm Above the Bay				

## UPCOMING WALKS, EVENTS & TRIPS

Please call our office (619) 231-7463 for details about any of the following.

### Day Trips

Palm Springs Tramway	April 25
Huntington Library & Gardens	May 16
Lake Arrowhead	September
Joshua Tree National Park	TBD

### Overnight Trips

Las Vegas (sold out)	March 29 – April 3
Washington DC (sold out)	May 5 – 12
Switzerland (wait list)	July 14 – 26
Beautiful Boise	October 6 -13
Tucson & Southeast Arizona	November 10 - 14

### Events/Walks

Chinese New Year Walk/Dinner	March 1
Lucky Day at the Library	March 13
Sharp Women's Health Conf.	March 14
Walkabout's 38 <sup>th</sup> at Anza Borrego	March 21
Fireworks from Pt. Loma	July
Ice Cream Social Walk	August
Tall Ships Parade & Picnic	September
Annual Meeting Potluck & Auction	October
Thanksgiving Restaurant Dinner	November 26
Holiday Decorations at Hotel Del	December
Lamb's Theatre Christmas Play	December
Christmas Brunch & Gift Exchange	December 25

## VOLUNTEER!

### WALK LEADERS NEEDED

We are recruiting walk leaders for the suggested walks/events below. If interested, please call the office (619) 231-7463. Receive help with write-up, etc. And, please send in YOUR ideas!!

- Balboa Park w/ranger tour
- Coaster trip to Oceanside Pier/Cedros shopping
- Free Tuesdays at museums in Balboa Park
- Gem Institute of America/Carlsbad/ docent tour
- I Love A Clean San Diego beach cleanup

### BOARD SEEKS YOUR HELP

We need office volunteers and new board members. If you are interested in any of our volunteer opportunities, please call the office (619) 231-7463.



You can e-mail your newsletter comments and suggestions to [publisher@walkabout-int.org](mailto:publisher@walkabout-int.org)



Please remember that Walkabout International is a non-smoking experience. There is no smoking at the meeting place or during the walk.

## WALKABOUT BOARD MEETING

Friday, March 20 at 11:30 am

The monthly meeting will be held at Serra Mesa-Kearny Mesa Branch Library, Sudberry Room, 9005 Aero Drive, San Diego, CA 92123



## BOARD MEMBERS

<b>President</b>	(858) 571-7733
Robert Buehler	President@walkabout-int.org
<b>1st Vice President</b>	
Vacant	
<b>2nd Vice President</b>	(619)249-9813
Dan Haslam	danhaslam@walkabout-int.org
<b>3rd Vice President</b>	(619) 222-3447
Stan Follis	Stanley@walkabout-int.org
<b>Recording Secretary</b>	(619) 231-7463
Donna Farris	secretary@walkabout-int.org
<b>Treasurer</b>	(619) 266-2555
Rita Balliot	treasurer@walkabout-int.org
<b>Directors</b>	
Marilyn Buckley	(619) 231-7463 prwalkabout@yahoo.com
Larry Forman	(858) 755-1751 larry@walkabout-int.org
Norman Vigeant	(619) 231-7463 ngfrenchy@hotmail.com
Bruce Herms	Emeritus
Dick Hiatt	Emeritus

## JOIN US ON MEETUP!

[www.meetup.com/Walkabout-International](http://www.meetup.com/Walkabout-International)



### OFFICE STAFF

Donna Farris, Marilyn Buckley, Eileen Frame, Susan Goodrich, Grace Greenalch, Pat Peterson, Charlotte Sedgwick

### NEWSLETTER STAFF

Rita Balliot, Stan Follis, Dan Haslam, Ann Leever, Lorraine Marshall, Kim Mills, Fran Whiteman

### MAILING CREW

Pat Peterson (Captain), Alice Berwert, Stan Follis, Grace Greenalch, Julie McKane, Barbara Miller, Sharon Nelson, Joanne Paul, Gwen Phelps, Fusa Shimizu, Beverly Stebbins, Judy Vandruff

## ABOUT WALKABOUT, SAN DIEGO'S PREMIER SOCIAL NETWORK AFOOT

Walkabout is an all volunteer San Diego-based non-profit offering more than 1,000 free local walks each year along with parties, picnics, potlucks, holiday celebrations, national and international travel, all with a walking component. Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places.

### Walkabout Newsletter Subscription/Supporter Form

WALKABOUT depends in large part on your generous spirit to fund our yearly operating costs through your thoughtful, tax deductible donations. If you appreciate the value you receive from WALKABOUT, please contribute. All levels of support include a one-year subscription to our monthly newsletter.

Basic Level \$20     
  Tenderfoot \$25     
  Footprint \$100     
  Arch Supporter \$500  
 Twinkle Toes \$50     
  Kindred Sole \$250     
  Big Foot \$1000     
 Shoe Fund amount \$ \_\_\_\_\_

Circle RENEW or NEW Subscriber/Supporter...How did you hear about us? \_\_\_\_\_

Please mail completed form (we do not share information): 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP+4 \_\_\_\_\_ - \_\_\_\_\_

PRIMARY PHONE ( ) \_\_\_\_\_ OTHER PHONE ( ) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

PDF ALSO (available only if support greater than Basic Level)  
 PDF ONLY (fully tax deductible, eco-friendly, and helps us keep costs down)

Call 619-231-SHOE (7463) to notify office promptly of any changes to your information; or to discuss WALKABOUT's charitable gifts, trusts, and memorials program; or to find out how you can donate some time to WALKABOUT. By coming on walks, bringing friends, helping out at the headquarters or at events - you sustain and spread the WALKABOUT spirit!

Walkabout is offering a buy-one, get-one-free subscription deal when you contribute at the \$25 level or above. Simply provide information for someone who has never had their own subscription and might like to subscribe:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP+4 \_\_\_\_\_ - \_\_\_\_\_

PRIMARY PHONE ( ) \_\_\_\_\_ OTHER PHONE ( ) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_  PDF ONLY



**June Anderson's friends enjoying her Balboa Park bench on a January memorial walk**



2650 Truxtun Rd., Suite 110  
San Diego, CA 92106-6007  
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### **LABEL CODE REMINDER**

Please check the expiration date on your label to renew beforehand. We don't want you to miss an issue!

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### **THANK YOU TO OUR GENEROUS RAFFLE/DOOR PRIZE DONORS**

Thanks so much to the following businesses who so generously donated wonderful gifts for the door prize drawings at Walkabout's Annual Walk Leader Appreciation Luncheon on January 27th at Bully's East.

- Car washes at Auto Scrubber (Midway & Rosecrans)
- Gift certificate for Broken Yolk (Pacific Beach)
- Tickets to Cygnet Theatre (Old Town)
- Chocolates from Elegant Truffle (Point Loma)
- Cooking class at Great News Cooking School & Shop (Pacific Beach)
- Gift certificate for Harbor Greek Cafe (Liberty Station)
- 4 rounds of golf at Loma Club, formerly Sail Ho (Liberty Station)
- Pies from Marie Callender (Alvarado Rd)
- 2 Guest Passes to Maritime Museum (Downtown/Embarcadero)
- Gift certificates for Oggi's Pizza (Liberty Station)
- Deluxe dinner gift certificate for Old Town Tequila Factory (Old Town)
- 2 tickets for Old Town Trolley/Seal Tours (Old Town)
- Catered lunch for 10 at Rubio's (Midway & Rosecrans)
- 2 gift certificates for Smashburger (Liberty Station)
- Gift bag with teapot & teas from Point Loma Tea Store (Liberty Station)
- 2 gift certificates for Souplantation (Midway & West Point Loma)
- Gift bag of groceries from Trader Joe's Marketplace (Liberty Station)
- Annual membership & 2 day passes for Women's Museum (Liberty Station)
- 2 sets of 2 tickets to USS Midway (Downtown/Embarcadero)